



Monkfrith School

Knoll Drive, Southgate
London, N14 5NG

Dear Parents and Carers,

Year 5 will begin their swimming lessons at the New Barnet Pool later this term. Swimming is part of the National Curriculum and schools are required to ensure that children can do the following:

- swim competently, confidently and proficiently over a distance of at least 25 metres
- use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]
- perform safe self-rescue in different water-based situations

At Monkfrith, we aim to ensure that the children have a block of swimming in Key Stage 2. Children will swim every day for 2 weeks and have a total of 10 sessions. This is the same number of lessons they would have had previously but over a shorter period of time. The lessons last 40 minutes.

The sessions start on Monday 9th October and finish on Friday 20th October.

5S will swim at 10am. 5LD will swim at 10.45am.

- Children should not come dressed in their swimming kits.
- Children are expected to swim if they are in school unless there are special medical circumstances, in which case a doctor's letter should be provided. Children who do not attend lessons may have to catch up later in the year.
- All children should wear a swimming hat.
- If your child has a verruca, this should be covered.
- Earrings should be removed.
- Please remember that clothing should be labelled.
- Children should not wear two piece swimming costumes or very baggy shorts.

We would like a parent to accompany each class for the session. If you are available (the children leave school about 30 minutes before the lesson starts), please message the Office with the day that you can help and we will draw up a rota. Thank you!

The cost for swimming is over £2000 most of which is paid for out of the school budget. We do ask parents to contribute to the costs of the coach for swimming. FOMS also support school with some of the cost of this. For Year 5 parents, the cost will be £35. Please make your contributions via Arbor.

Thank you for your support,

Kind regards

Miss Deasey

