



Monkfrith School

Knoll Drive, Southgate
London, N14 5NG

13th September 2023

Dear Parents and Carers,

I am writing to you with some useful information which I hope will provide clarification regarding absences and illnesses. As you know, it is the legal responsibility of parents to ensure children attend school regularly and on time. Good attendance will mean that your child is able to achieve well; absences disrupt the education. Children who do not attend school regularly statistically do less well than their peers and find it difficult to maintain friendships.

The NHS has given the following guidance about common illness and if your child needs to stay at home.

Vomiting and diarrhoea	Children with vomiting and diarrhoea should stay away from school for 48 hours after their symptoms have gone away.
Sore throat	You can still send your child to school if they have a sore throat, but if they also have a high temperature they should stay at home until it goes away. Sore throat and a high temperature could be symptoms of covid or tonsillitis.
Cough or cold	It is fine to send your child to school with a minor cough or cold. If they have a temperature, you should keep them off until this goes away. Encourage your child to throw away used tissues and to wash their hands regularly.
High temperature	If your child has a high temperature, keep them off school until it goes away.
Chickenpox	If your child has chickenpox, keep them off school until the spots have crusted over. This is usually 5 days after the spots first appeared.



Conjunctivitis	<p>You don't need to keep your child away from school if they have conjunctivitis.</p> <p>Do get advice from your pharmacist. Encourage your child not to rub their eyes and to wash their hands regularly.</p>
Coronavirus	<p>Your child should stay at home and avoid contact with other people if they have symptoms of COVID-19 and they either:</p> <ul style="list-style-type: none"> • have a high temperature • do not feel well enough to go to school or do their normal activities
Ear Infection	<p>If your child has an ear infection and a high temperature or severe earache, keep them off school until they're feeling better or their high temperature goes away.</p>
Hand, foot and mouth disease	<p>If your child has hand, foot and mouth disease but seems well enough to go to school, there's no need to keep them off.</p> <p>Encourage your child to throw away any used tissues straight away and to wash their hands regularly.</p>

Thank you for taking the time to read this letter and for your continued support in improving attendance.

Yours Faithfully,

JDeasey

Jude Deasey

Headteacher

