Long Term Overview

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| **Year Group** | **Autumn Term** | **Spring Term** | **Summer Term** |
| **Year 1** | Awareness of feelingsAll about meBeing differentMoney | Keeping well and cleanMy friendshipsThe Environment | Keeping SafeMy familyLosing and finding Looking after myself |
| **Year 2** | Healthy peopleAll about my feelingsMoney, shopping and saving | Keeping safeMaking and breaking friendshipsCoping with conflictSpecial days | About my bodyExploring our familiesGlobal food |
| **Year 3** | Emotions and feelingsPeer influence/pressureMe and my community | Healthy LifestylesSafe RelationshipsWhere do things come from? | Drug Education - Smoking & Basic First AidKeeping safeDifferent FamiliesAspirationsManaging money |
| **Year 4** | Mental Health and WellbeingPersuasion and pressureMedia and Me | Healthy LifestylesFriendships / InclusionLocal Community – shared responsibilities  | Growing and ChangingDrug Education - Alcohol and Decision makingTypes of relationshipsAspirationsManaging Money |
| **Year 5** | Mental Health and WellbeingPersonal SafetySelf-Respect and Personal GoalsBeing Left OutStereotypes and Diversity | Healthy lifestylesFriendships and Coping with BullyingWorking together and aspirationsMedia literacy and digital resilience | PubertyDrug Education – Legal and Illegal DrugsRelationshipsWhat makes a Democracy?Money |
| **Year 6** | Healthy LifestylesDrug Education – Drugs, risks and the MediaConflict resolutionCelebration – supporting each otherProtected Characteristics and Bullying | Moving onMental Health and Online SafetyFamily DynamicsDemocracy and decisionsMedia literacy and digital resilience | Puberty and Relationships Sex EducationRelationshipsMoney and MeAspirations, work and career |